

Name \_\_\_\_\_

City of Residence \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Ethnicity: \_\_\_\_\_ Language spoken: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Any previous marriages: \_\_\_\_\_

Children:    yes    no    *If yes, specify sex & ages* \_\_\_\_\_

Who lives in your household with you?

Name	Sex	Age	Relationship

**Military Service?**    Yes    No    *If yes, Branch?* \_\_\_\_\_  
                                  Highest Rank \_\_\_\_\_    Date of service \_\_\_\_\_  
                                  Type of Discharge \_\_\_\_\_

**Education, Employment and Legal History:**

Highest Education Received (*please specify highest grade completed and degree*):  
\_\_\_\_\_

Are you currently employed:            yes            no            Student \_\_\_\_\_

Current Occupation: \_\_\_\_\_    How Long \_\_\_\_\_

Job Difficulties? \_\_\_\_\_

If student, current grade: \_\_\_\_\_    Special Ed? \_\_\_\_\_

Are you currently on disability or seeking disability? \_\_\_\_\_    if yes, please specify  
\_\_\_\_\_

Legal Difficulties? (arrested/incarcerated/ charges/ lawsuits/ custody) Yes No  
*Please explain*

---

---

**Habits:**

Have you ever smoked?(cigarettes/tobacco/pipes/cigar/vape/etc) Yes No  
If yes, please provide details

---

Caffeine intake per day: Caffeinated Sodas: \_\_\_\_\_ Coffee: \_\_\_\_\_ Tea: \_\_\_\_\_

Alcohol use: How Much? \_\_\_\_\_ Type \_\_\_\_\_

Withdrawals/ Problems Associated \_\_\_\_\_ DWI/DUI Yes No

Drug use: (Street and/or over use of prescription drugs: example marijuana, spice, K2, xanax, sleeping pills, pain pills, crack, cocaine, stimulants, bath salts, etc)

Type \_\_\_\_\_ Problems \_\_\_\_\_

Medical Marijuana use? (explain) \_\_\_\_\_

**Family Medical History:**

*Any sudden deaths or significant family medical illnesses?*

---

---

**Medical History:**

Primary Care Physician \_\_\_\_\_

Allergies: \_\_\_\_\_

**Last lab work? Where? Abnormal Results?** \_\_\_\_\_

---

List All Current Diagnosis or Significant Illnesses in past and present:

---



---

Illness	No	Yes	Age	Still Present?	Details
Allergies/Asthma					
Birth Complications					
Seizures/ Epilepsy					
Head Injury/ Concussions					
Hepatitis/Cirrhosis Other liver problems					
HIV/AIDS					
Hypertension					
Loss of Consciousness/Vertigo					
Migraines/ Headaches					
Mitral Valve Prolapse/ Other heart problems					
Sexually transmittable Disease					
Vision Problems/Glaucoma					
Stomach Issues/ IBS/ etc					
Thyroid Problems					
Arthritis/Fibromyalgia					
Neurological problems					
Diabetes					
Vitamin Deficiency					
Other					

Have you ever had a surgical procedure:    No      Yes      *If yes, please describe*

Type	Date	Details

Are you currently taking any medications?    No      Yes      *If yes, please list*

Name	Dose	Date Started	Reason

Do you take any Vitamin/ Herbal/ CBD or Over the Counter (non-prescribed) meds?

                 No                      Yes                      *If yes, please list*

Name	Dose	Date Started	Reason

**Symptoms list:** Check symptoms that have been most bothersome or occurred frequently during last 4 weeks.

**General Symptoms**

- Fever
- Repetitive, senseless thoughts
- Repetitive, senseless behaviors
- Fainting or feeling faint
- Tremors, trembling, or shakiness
- Seizures
- Easy bruising
- Skin rash
- Violent behavior
- Constant worry
- Irritability
- Tension
- Headache
- Feeling in a dreamlike state
- Fearful feelings
- Fear of losing control
- Jumpiness
- Restlessness
- Sweating
- Dizziness/lightheadedness
- Keyed up/on edge
- Agitation
- Nervousness
- Trouble concentrating
- Insomnia/trouble sleeping
- Decrease in sex drive
- Trouble making decisions
- Sad/depressed/down in the dumps
- Lack of/loss of interest in things
- Helpless feelings
- Fatigue/lack of energy
- Weakness
- Increase or decrease in appetite
- Increase or decrease in weight
- Frequent crying or weeping
- Worthless feelings
- Excessive feelings of guilt
- Hopeless feelings
- Feeling life is not worth living
- Sleeping too much
- Frequent negative feelings
- Memory problems
- Free of doing something uncontrollable
- Fear of dying
- Chills
- Seeing or hearing things
- Fear of going crazy

**Eyes & Ears**

- Double Vision
- Difficulty in focusing vision
- Eye pain
- Sinus pain
- Increase or decrease in tearing

**Cardiovascular**

- Chest pain
- Chest discomfort
- Heart pounding

**Gastrointestinal**

- Diarrhea
- Constipation
- Heartburn
- Rectal bleeding
- Black, tarry stool
- Stomach pain
- Food intolerance
- Abdominal bloating

**Respiratory/Nose/Throat/Mouth**

- Cold (influenza)
- Nasal congestion
- Nosebleeds
- Hay fever
- Cough
- Wheezing
- Shortness of breath
- Pain when breathing

**URINARY**

- Frequent urination
- Painful urination
- Difficulty passing urine
- Blood in urine

**Other Symptoms not Listed**

---

---

---

**Neuropsychiatric History:**

Age of first psychiatric symptoms: \_\_\_\_\_ Age of First Treatment \_\_\_\_\_

What were the first symptoms? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever had motor or vocal tics? No Yes if yes, details \_\_\_\_\_

\_\_\_\_\_

Have you ever sought professional treatment for any psychiatric, substance abuse, or any problems listed above? No Yes *if yes, please describe below*

***See scales below in describing the details***

Problem (Diagnosis)	Start Date	Stop Date	Type of Treatment	Setting and Provider name	Outcome

**Type of treatment: 1= Medication Therapy 2= Talk Therapy 3= Other**

**Setting: Inpatient-Hospital / Outpatient / Day Program/ Rehab**

Treatment with ECT/ Biofeedback/ Hypnosis? No Yes *if yes please describe*

\_\_\_\_\_

**Family Psychiatric History:**

Are you Adopted?    Yes                      No  
 Do you have siblings? \_\_\_\_\_ If yes, how many \_\_\_\_\_

Do you have *any blood relatives* who have a serious emotional, behavioral, neurological, or substance abuse problem or history of suicides?                      Yes                      No

*If yes, please complete*

Name	Age	Relationship	Problem/ Medication

**Developmental History:**

How would you describe your childhood family life?    Stable                      Unstable

Did you experience any of the following during your childhood or adolescence?

*Check and complete all that apply*

Yes	Situation	Your Age	Duration	Comments
	Death of parent		n/a	
	Death of loved one		n/a	
	Separation from parent or family			
	Parents' divorce/ separation		n/a	
	Loss of home			
	Family financial problems			
	Physical abuse			
	Sexual abuse			
	Rape			
	Parent with substance abuse problem			
	Conflicts with parents			
	Foster care			
	Unwanted child			
	School problems			
	Illness in self			
	Illness in family			
	Problems with walking/talking/learning on time as a child			
	Other			

Medication History:

Have you ever been treated for emotional or psychiatric problems with medication?

Yes

No

Medications (trade name)	No	Yes	Start Date	Stop Date	Dose (max)	Symptom Treated	Response Good, fair, poor	Side Effects?
Antidepressants								
Paroxetine (paxil)								
Sertaline (zoloft)								
Fluoxetine (Prozac)								
Citalopram (celexa)								
Escitalopram (lexapro)								
Venlafaxine (effexor, XR)								
Desvenlafaxine (pristiq)								
Duloxetine (cymbalta)								
Vilazodone (vibryd)								
Levomilnacipran (fetzima)								
Vortioxetine (trintellix)								
Bupropion (wellbutrin, SR, XL)								
Mitrazapine (remeron)								
Deplin								
Trazadone (desyrel)								
Fluvoxamine (luvox, CR)								
Amitriptyline (elavil)								
Auvelity (dex/bup)								
Other (Zulresso, MAOI, ensam, etc)								

Medication History, cont.:

Medications (trade name)	No	Yes	Start Date	Stop Date	Dose (max)	Symptom Treated	Response Good, fair, poor	Side Effects?
Antipsychotics/Mood Stabilizers								
Ziprasidone (geodon)								
Aripripazole (abilify)								
Risperidone (risperdal)								
Paliperidone (invega)								
Quetiapine (seroquel, xr)								
Olanzapine (zyprexa)								
Asenapine (saphris)								
Lurasidone (latuda)								
Olanzapine/ fluoxetine (symbyax)								
Cariprazine (vraylar)								
Brexiprazole (rexulti)								
Lumateperone (caplyta)								
Other(fanapt, navane, clozaril, Haldol, long acting injections,lybalvi, etc)								
Lithium (eskalith, lithobid)								
Valproic Acid (depakote, ER)								
Carbamazepine (tegretol)								
Oxcarbazepine (trileptal)								
Lamotrigine (lamictal)								
Topiramate (topamax)								
Other								

Medication History, cont:

Medications (trade name)	No	Yes	Start Date	Stop Date	Dose (max)	Symptom Treated	Response Good, fair, poor	Side Effects?
Anti-Anxiety/ Sleep Aids								
Clonazepam (klonopin)								
Diazepam (valium)								
Lorazepam (ativan)								
Alprazolam (xanax, XR)								
Buspirone (buspar)								
Hydroxyzine (vistaril, atarax)								
Other( librium, tranxene, etc)								
Esketamine								
Ingrezza/Austedo								
Amitriptyline (elavil)								
Doxepin (silenor)								
Zaleplon (sonata)								
Zolpidem (ambien, CR)								
Trazodone (desyrel)								
Eszopiclone (lunesta)								
Ramelteon (rozerem)								
Other ,(belsomra								

Medication History, cont. :

Medications	No	Yes	Start Date	Stop Date	Dose (max)	Symptom Treated	Response Good, fair, poor	Side Effects?
-------------	----	-----	------------	-----------	------------	-----------------	---------------------------	---------------

Stimulants (ADHD)/ Narcolepsy/ Appetite Suppressants

Ritalin, LA, SR								
Metadate ER/CD								
Concerta								
Daytrana (patch)								
Adderall, XR								
Mydayis								
Vyvanse								
Focalin, XR								
Quillivant/ Quillichew								
Strattera								
Nudexta								
Intuniv								
Provigil/ Nuvigil								
Contrave								
Belviq								
Pentermine								
Dexedrine								
Other (orlistat, adipex, wegovy, mounjaro, etc)								

Medication History, cont. :

Medications	No	Yes	Start Date	Stop Date	Dose (max)	Symptom Treated	Response Good, fair, poor	Side Effects?
-------------	----	-----	------------	-----------	------------	-----------------	---------------------------	---------------

Alcohol/Drug/Smoking Cessation

Chantix								
Campral								
ReVia/vivitrol (naltrexone)								
Suboxone								
Methadone								
Antabuse								
Other								

Miscellaneous

Benadryl								
Benzotropine (cogentin)								
Amantadine (symmetrel)								
Clonidine (catapres)								
Thyroid (cytomel, synthroid)								
Propranolol (inderal)								
Cyproheptadine (Periactin)								
Other								